

# ≡ **BRIGHT IDEAS SERIES** ≡

## Time of Use

Because most people use energy between 4-9 PM, clean energy, such as wind and solar power, becomes less available. So, in order to use cleaner energy, we should try to: charge our devices while we sleep; avoid using our dishwashers and doing laundry between 4-9PM; set the thermostat to 68 degrees during the colder months. Bonus tip: Keep your thermostat between 75 and 78 degrees during the warmer months to save energy and money!

Color in the part of the clock that represents the **best time** to use energy



Color in the part of the clock that represents when most people use energy



When is the best time of day charge your devices?

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Why are some times better than others to use energy?

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